

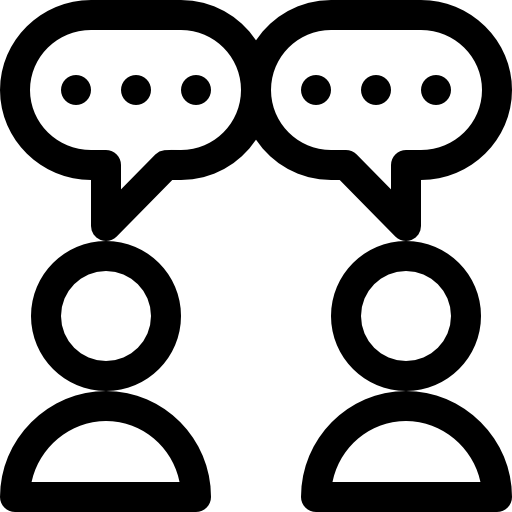
**To begin:**

**Have one group member read Psalm 13.   
Then allow 1 minute of silent reflection.   
Then have the psalm read again.**

**Look at verses 1-2.**

**1a)** Give some **one-word descriptions** of what king David is experiencing:

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**1b)** Share and discuss: Which of these things have you experienced (to some degree) in the last month?

**Look at verses 3-4.**

**2a)** What is king David worried will happen to him?

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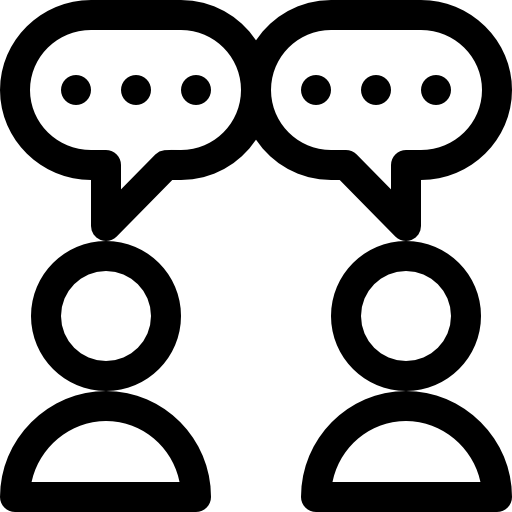
**2b)** Why would it matter to God if king David’s enemies defeat him?

**Look at verses 5-6.**

**3)** It seems these words come from the same circumstances as the rest of the psalm. Discuss: Is trusting God incompatible with complaining and asking for help? How can they fit together?

**Consider the psalm as a whole.**

This psalm moves from complaint (v1-2)   
 to urgent request (v3-4)   
 then trust (v5-6).

**4)** Share and discuss: Does your prayer life include all of these? Which is lacking?

**5a)** King David foreshadows King Jesus. At what point did King Jesus have the experiences described in this psalm? What was the outcome?

**5b)** If we pray this psalm in hard times,   
what difference does it make to know that   
we pray it in solidarity with Jesus?

**To finish:**

**Have someone read the psalm again as a prayer,**

**to which everyone says “amen” at the end.**